

## SPEAKER BIOGRAPHIES

### KEYNOTE: YOU'RE TRAUMA-INFORMED, NOW WHAT?

#### **Ken Epstein, PhD, LCSW, P.R.E.P for Change Consultant**

Dr. Ken Epstein works as a consultant helping individuals, couples, families, organizations and communities repair, heal and promote collaborative culture change by improving everyday practices, organizational structures and focusing on workforce development through direct practice, planning, teaching and facilitation. Ken has spent his career dedicated to Children, Youth and Families providing direct service, academic, and in clinical and administrative leadership positions.

Prior to his retirement in September of 2018, he served as the Director of the Children Youth and Family System of Care for San Francisco's Behavioral Health Services since 2012. Ken has worked in University, Non-profit and County government positions in San Francisco and Vermont, currently he is focusing on preparing, supporting and developing leadership, organizational and clinical models that focus on relational healing, systems change and compassionate care.

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### LEADERSHIP & SUSTAINABILITY: EMBODIMENT AND PRACTICE OF TRAUMA-INFORMED LEADERSHIP

#### **Jorjie Arden, Health Council Member and Treasurer, Community Health Centers of Lane County**

Jorjie Arden is in her 4th year as consumer member, Behavioral Health advocate, and the vice president of the Community Health Centers of Lane health council. Jorjie also serve as council liaison for the Patient Experience Group, as well as the consumer member of the CHC TIC team.

Jorjie has worked for 11 years at Head Start of Lane County in Consultant Services in addition to her work as Research and Outreach Coordinator at the Oregon Center for Optical, Molecular, and Quantum Science at the University of Oregon where she coordinates the SPICE program, STEM outreach and camps for girls and non-binary individuals. Jorjie is a single parent to two amazing kids, ages 15 and 20, a Girl Scout leader, and an avid outdoors person.

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#### **Jessica Criser, MSN, NP-C, Family Nurse Practitioner from Brookside Clinic of the Community Health Centers of Lane County**

Jessica has been in family practice with CHC-LC for four years and involved with the Trauma Informed Care committee for the last year. She received her BSN from Pittsburg State University in Pittsburg, KS, and an MSN from Vanderbilt University in Nashville, TN. Jessica is currently pursuing an endocrinology certification through the Duke University School of Nursing. She is a member of the American Association of Nurse Practitioners and Nurse Practitioners of Oregon.

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#### **Simona Keadle, Trauma-Informed Care/Services Program Coordinator, Siskiyou Community Health Center**

Simona is a motivated healthcare field professional with 25-plus years of working experience in the healthcare industry in Europe and the U.S., and in-depth knowledge of the HRSA Health Center Program Expectations for Federally Qualified Health Centers. Highly ethical, team-oriented leader equipped with a diverse skillset essential to ongoing quality improvement efforts that promote health equity, cultural competency and continuous workforce development via fostering transformative trauma-informed culture.

Passionate, innovation-driven subject matter expert in Trauma-informed Care/Services program development and implementation in a primary care setting.

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## ENGAGING FAMILIES & YOUTH: TRANSFORMING PRIMARY CARE FOR FAMILIES AND YOUTH THROUGH RESILIENCE, EDUCATION, AND COMPASSIONATE CONNECTION

### **Amy Stoeber, PhD, Psychologist and Consultant, Dr. Amy LLC**

Dr. Amy is a licensed psychologist, trainer and consultant in Portland, Oregon. Her current work involves promoting resilience for families, healthcare entities, schools, businesses and individuals. Amy is keynote speaker, consultant, coach and mentor to families, healthcare leaders, teachers and businesses. Amy has worked with local businesses to promote workforce resilience and speak at local and national levels. She serves as a member of the Healthcare Reform Taskforce for the Oregon Psychological Association, was a statewide trainer for The Department of Human Services, and partner with Children's Health Alliance to promote wellness for families of all ages in integrated healthcare settings. Amy is an adjunct faculty member for Portland State University.

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## TRAUMA-INFORMED QI: TEAM-BASED TRAUMA-INFORMED ORAL HEALTH CARE

### **Selynn Edwards BS, DMD, Dental Director at Clackamas County Health Centers**

Selynn has BS in Accounting from U of O, DMD from OHSU, and Dental Director at Clackamas County Health Centers. Selynn moved to Astoria, OR when she was 10. It was a place where everyone knew everyone and her father often got paid in fish, crab, or trade. This is the time her commitment to public health and giving back to her community began. She has been thriving in her community health work for the last 10 years and truly appreciates being a part of a forward thinking organization committed to the health and respect of the entire community. Outside of work, she enjoys family time, her daughter's dance and cheer activities, and all things dog related with her two rescues.

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### **Melanie Pascual, Master of Public Policy, Certified Program Evaluator, Clackamas County Health Centers**

Melanie's Personal Mission: Learning by doing doesn't have to be outsourced. She portrays the role of evaluation as essential to societal progress and the well-being of individuals and groups because it subscribes to the values of a free, democratic society. Aligning herself with organizations that engage and listen to broad range of evaluation stakeholders to learn and encourage their meaningful participation. She identifies limitations to program evaluation feasibility and devises methods for acquiring additional professional, cultural, and lay knowledge when absent. In her free time, she enjoys listening to audio books or joining spooky walking tours of old mansions or discontinued tunnels, etc.

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### **Erica Thygesen, MA, MSW, CSWA, CADC III, Gerontologist, Social Worker, and Addiction Specialist Clackamas County Health Centers**

Erica, with more than twenty years of experience providing behavioral health services in FQHC settings. Her work is grounded in the principles of trauma informed care, and she aims to create safe, trustworthy, collaborative environments where people can heal and thrive. She helped launch Clackamas County's

Trauma Informed Care initiative in 2013, which was how she became involved with the Dental Clinic's TIC Initiative. She currently works for Central City Concern as a program manager for the Law Enforcement

Assisted Diversion Program, an innovative interdisciplinary team that uses Harm Reduction and TIC to help reduce rates of mass incarceration. Outside of work she is an athlete, musician, mindfulness practitioner, and dog mom.

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## PLENARY: EXAMINING HOW HEALTH CARE CULTURE PROPAGATES TRAUMA AND WHAT TO DO ABOUT IT

### **Freda Ceaser, Chief Equity Officer, Central City Concern**

Freda Ceaser began at CCC in 2004 worked her way from the front lines at Central City Concern's (CCC) Employment Access Center to her current position of director of equity and inclusion. She has provided consistent leadership and involvement in CCC's Diversity Committee over the last five-plus years and is instrumental in CCC's ongoing equity and inclusion assessment work. Most recently Freda provided the vision and advocacy for Flip the Script, a new re-entry program for African-American clients that provides wraparound services with a focus on breaking the cycles that send people of color back to prison.

Freda is a lifelong Portland resident and earned her Master of Social Work degree from Portland State University. Her lived experiences, education and work in the trenches are the driving forces for her passion for promoting racial equity in the community.

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### **Pam Jacobs, PhD, Chief Behavioral Health Officer, Native American Rehabilitation Association NW**

Pamela S. Jacobs, is a licensed psychologist and has worked with NARA Northwest since 2012. She is currently the Chief Behavioral Health Officer at NARA, Northwest. She received her degree in 1993 and has worked both in public mental health with older adults and children, and in private practice. Her current interests include integrating mental health treatment with medical care and addiction services, as well as helping all staff incorporate the understanding of how traumatic experiences affect development and coping. She is a co-author on the National Council on Behavioral Health's manual for implementing Trauma Informed Care in Primary Care. She hopes to be part of the broadening understanding of cultural practices as it applies to better mental health and addictions recovery for all clients at NARA.

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### **Toni Kempner RN, MSN, ACRN, Clinic Manager, Multnomah County Health Department**

Toni is the Clinic Manager and Mountain West AIDS Educational and Training Program Director for Multnomah County Health Department, HIV Health Services Center in Portland, Oregon. Toni provides transformational leadership to a diverse staff who serve persons living with HIV (1400 clients) who struggle with substance use, mental health and homelessness challenges in a Federally Qualified Health Center that is also a Ryan White Clinic.

She has served on the AETC Annual HIV Clinical Update for Nurses Conference since 2010, Oregon's AETC HIV Nurse Medical Case Manager Conference planning committee since 2013, serves on the Oregon's Continuum Care Conference and National Association of Nurses in AIDS Care (ANAC) Conference to be held in Portland in November 2019. Toni has worked in HIV since 1994 both on the clinical and research side for both Adult and Pediatric patient populations. She serves on the Ryan White HIV Planning Council for the Portland area, Integrated HIV Prevention and Planning Group, Past President of the local chapter of ANAC and is Nationally Certified as an AIDS Certified RN.

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**Jennifer Schlobohm, MSW, LCSW, Clinical Social Worker and Behavioral Health Supervisor,  
OHSU Family Medicine at Richmond**

Jennifer is a licensed clinical social worker who has practiced in a wide variety of clinical settings in the Pacific Northwest over the past 15 years. She is currently behavioral health supervisor and instructor at OHSU Family Medicine at Richmond. Through direct patient care and program innovations, Jennifer has championed increased integration of behavioral health, social determinants, and trauma informed care into healthcare delivery.

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**LEADERSHIP & SUSTAINABILITY: SUSTAINING AND SPREADING TRAUMA-INFORMED CARE IN CLINICAL PRACTICE AND AT THE SYSTEMS LEVEL**

**R.J. Gillespie, MD, MHPE, General Pediatrician with The Children's Clinic**

Dr. R.J Gillespie attended medical school at Oregon Health Sciences University, graduating in 1997, and completed his residency and chief residency at Rush Children's Hospital in Chicago, Illinois in 2001. He also earned a Master of Health Professions Education from University of Illinois – Chicago in 2007. Dr. Gillespie served as the founding Medical Director for the Oregon Pediatric Improvement Partnership from 2010-2016, and currently serves on the board of directors for Health Share. He has also advocated for children in multiple state policy committees, including the workgroups responsible for deciding the maternal and child health quality measurements that are used in assessing the care delivered through the Coordinated Care Organizations, and the standards for practices becoming certified as a medical homes under the state's Patient Centered Primary Care Home Program.

He is fluent in Spanish. He is a Master Gardener with the OSU Extension Service, and enjoys travel, reading, photography, cooking, and hanging out with his German Shepherd.

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**Angel Escobedo, MPA, Senior Program Development Specialist, Columbia Pacific CCO**

Angel is the senior program development specialist at Columbia Pacific CCO (CPCCO). His role is to help CPCCO and community partners address childhood trauma and build resilience in children and families by supporting the development of Childhood Trauma-Informed Networks in Clatsop and Columbia counties. Angel has over 10 years of nonprofit leadership experience in the United States and abroad, most recently as executive director of Leadership Clark County in Vancouver, WA, and formerly working in organizational capacity building for international non-government organizations in Guatemala and Pakistan.

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**TRAUMA-INFORMED QI: CONSIDERATIONS FOR A TRAUMA-INFORMED APPROACH IN ROUTINE PATIENT INTERACTIONS**

**Joan Fleishman, Psy.D, Behavioral Health Clinical Director, OHSU Family Medicine**

Dr. Fleishman completed her graduate training at Pacific University's School of Professional Psychology and went on to complete a fellowship in Primary Care Psychology at University of Massachusetts Medical School. She is the Behavioral Health Clinical and Research Director for OHSU's Department of Family Medicine leading the expansion of the behavioral health services across 6 primary care clinics. She has worked closely with other clinical leaders on strategic planning, program development, clinician training, and workflow implementation. Dr. Fleishman has focused her work on practice transformation, population reach, alternative payment methodology, and team-based care. She is currently involved in several

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projects including a program evaluation of primary care-based Medication Assisted Treatment (MAT) Program, an implementation study of a screening approach to intimate partner violence in primary care, and implementing Trauma Informed Care standards in the family medicine clinics.

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**Kyle Higgins, LCSW, Behavioral Health Consultant, OHSU Family Medicine**

Kyle is the trauma-informed care committee facilitator in his clinic which focuses on creating awareness of TIC principles to help improve the patient experience and staff wellbeing. He has worked in addictions and community mental health prior to working in a primary care setting. An Oregon native he lived in Chicago for 16 years where he attended Loyola University receiving a Masters of Social Work. Areas of clinic interest include management of anxiety, healing from trauma and recovery from addiction.

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