### Trauma-Informed Care: Traveling the Roadmap at Oregon Health Centers

**July 25, 2019**  
Tetherow Lodge

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<th>Time</th>
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| 8:30-9   | Breakfast and Registration                            | • Arrive and check-in  
• Get nourished and ready for the day                                                                                                                                                                     |
| 9-9:30   | Intro & Icebreaker                                    | • Set the context for our day together  
• Know who’s in the room  
• Start to connect with each other                                                                                                                                                                       |
| 9:30-10:30 | Dr. Miguelina German  
Montefiore Medical Center  
Keynote Speaker | • Share lessons learned from trauma-informed care (TIC) implementation within a multi-site primary care delivery system  
• Highlight the connections between TIC, unconscious bias, and cultural awareness  
• Describe the importance of and strategies for creating a trauma-informed workplace  
• Provide recommendations on health center TIC implementation work plans                                                                                                                                 |
| 10:30-10:45 | Break                                               |                                                                                                                                                                                                                 |
| 10:45-12:15 | All Teach, All Learn: Health  
Center World Café | • Invite health centers to share their implementation successes and challenges  
• Promote peer learning and operational/tactical barriers and accomplishments                                                                                                                                 |
| 12:15-1:15 | Lunch                                                |                                                                                                                                                                                                                 |
| 1:15-1:45 | Walk and Talk: Employee Wellness and Becoming a  
Trauma-Informed Workplace | • Take a walk in small groups to enjoy the scenery and move around  
• Share ideas, challenges and opportunities in creating more employee wellness in your organization. Discuss policies and practices, culture, program ideas, barriers and drivers. |
| 1:45-2   | Walk and Talk Debrief                                 | • Exchange ideas in the larger group                                                                                                                                                                           |
| 2:30     | Team planning time                                   | • Use the TIC Roadmap and your survey report to the next steps on your TIC journey  
• Use a work planning tool to document your goals                                                                                                                                                           |
| 2:30-2:45 | Break                                                |                                                                                                                                                                                                                 |
| 2:45-3:30 | Buddy time                                           | • Start getting to know your health center TIC buddy and sharing your respective TIC implementation experience and plans  
• Make plans to connect again in the next 3 months  
• Share a brief report out from some buddies to the larger group                                                                                                                                          |
| 3:30-4   | Review upcoming opportunities and wrap up            | • Share upcoming TIC learning opportunities  
• Complete workshop evaluation                                                                                                                                                                              |